



Children's Clinic of Wyomissing

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Instructions for use of the Aerochamber with Mask for infants and toddlers

1. Remove the cap from the metered dose inhaler (MDI)
2. Check the inside of the Aerochamber for any loose foreign objects. Make sure that all parts are in place.
3. Place the inhaler mouthpiece into the oval opening in the soft rubber-like end of the Aerochamber.
4. Holding the Aerochamber and inhaler firmly, shake vigorously 3 or 4 times.
5. Place the mask gently to the face so that the mouth and nose are covered. You must have a good seal so that the medication does not leak out.
6. While the child is breathing out, spray one puff from the inhaler into the Aerochamber.
7. Hold the mask firmly to the child's face for at least 6 breaths.
8. Repeat steps 4 to 7 as directed by your doctor, waiting at least 1 minute between puffs.
9. Remove the inhaler and replace the protective cap.

Cleaning Instructions

1. Remove the soft rubber-like end of the Aerochamber that holds the metered dose inhaler. DO NOT remove the face mask.
2. Soak the Aerochamber and soft rubber-like end in a basin filled with clean, warm water using mild soap to loosen any residue.
3. Rinse the Aerochamber and soft rubber-like end in a basin filled with clean, warm water using gentle motion.
4. Lightly shake away excess water droplets and place on a clean surface to air dry.
5. Be sure the Aerochamber is completely dry before use.
6. Replace the soft rubber-like end onto the Aerochamber.